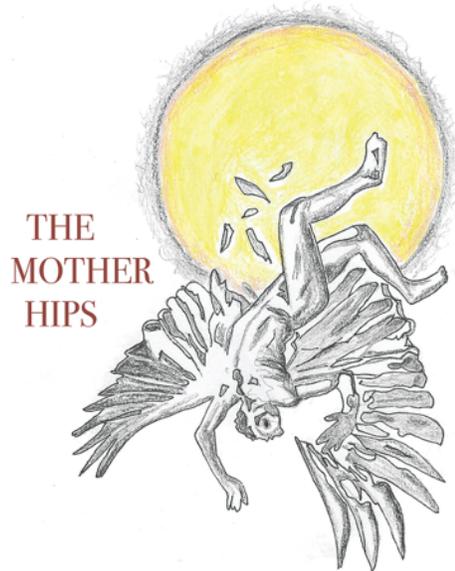


May 25th, 2016

FOR IMMEDIATE RELEASE

**THE MOTHER HIPS PLAY L.A.'s FAMOUS TROUBADOUR AND
RELEASE NEW DIGITAL SINGLE MAY 27th**



On Friday, May 27th, 2016, California rockers **The Mother Hips** will perform a special show at famed Los Angeles nightclub **The Troubadour**, where a surprise album by a legendary rock n' roll band will be played in its entirety during the band's first set. As an added bonus for attendees, the Hips will be giving away a download of their first new song since 2013's *Behind Beyond*. The download code has been printed on the back of a sticker that the fans will receive at the show.

"I Went In Hard" is the first taste of the group's eagerly anticipated new album due out later this year, and it's the first tune to address the paragliding accident that badly injured Hips' singer-songwriter-guitarist **Tim Bluhm**. With the creative process begun by the band's other singer-songwriter-guitarist **Greg Loiacono**, the song is a tough-minded, hard-charging collaboration filled with rich harmonies and infectious hip shake.

"I wrote the music but didn't have a set of lyrics that I was really feeling so I asked Tim to give it a shot," explains Loiacono. "He had lyrics that he'd been working on that were about his crash. He sang the new words and changed the melody and it turned out nicely."

"It's very challenging to re-write a melody over an already-established one," says Bluhm. "After Greg asked me to try it, it took me a long time to get to a place where I could try. At that point I'd been pretty much confined to a hospital bed for four months. Writing about the mindset and

the events that led to the physical state I was in made a lot of sense to me. The theme of leaving the Earth without dying is not new for me. It is apparent in The Sheets' song 'Long Journey of the Eye' and the Hips' tune 'One Way Out.' The difference is that in 'I Went In Hard' I finally actually succeeded, but only briefly, and with horrible consequences.”

The new album marks the studio debut of longtime touring bassist and former Frank Zappa band director **Scott Carter Thunes**.

“Scott was amazing in the studio - present, powerful, adaptable and open-minded,” says Bluhm. “It was a pleasure to see how well his ‘live’ energy translated to the recording studio.”

Rounded out by the West Coast’s answer to Charlie Watts, drummer **John Hofer**, The Mother Hips have been carving out the new full-length with producer **Dan Prothero** (Mofro, Galactic, Papa Mali) at Panoramic Studios in Stinson Beach, Hyde Street Studios in San Francisco, and Allegiant Studio in San Anselmo, as well as some home recordings including some Bluhm vocals captured from a hospital bed in his parents' house in Marin County. Navigating hobo jungles and unexpected haymakers, the new material possesses a sharp snap and clear-eyed honesty and warm harmonic hum that recalls the band’s *Green Hills of Earth* filtered through the maturity of more recent songs, an appealing evolution of their deeply rooted rock ‘n’ roll.

“I like how the context of our long history is always there to contrast with our current work. It adds another layer of significance and humanness,” observes Bluhm. “Within the Hips' catalog are many important stories of our own lives. Nobody writes songs about things that don't matter to them. It's like a huge, distilled musical diary of two guys growing up and growing older in a rock n’ roll band. It's all there.”

THE MOTHER HIPS - 2016 TOUR DATES

May 26	The Auditorium	Santa Ana, CA
May 27	Troubadour	West Hollywood, CA
Jun 03	Terrapin Crossroads	San Rafael, CA
Jun 04	Terrapin Crossroads	San Rafael, CA
Jul 09	Oyster Festival 2016	Avila Beach, CA
Jul 15	Sierra Valley Lodge	Calpine, CA
Jul 16	Sierra Valley Lodge	Calpine, CA
Aug 06	Petaluma Music Festival	Petaluma, CA

For more information, please visit:

www.motherhips.com

For all press inquiries, please contact:

Dave Schwartz / Fast Atmosphere

dave@fastatmosphere.com